

Hikes marked **Meetup** are also listed on our Meetup site. For information go to <http://www.meetup.com/Tri-State-Ramblers-formerly-Union-County-Hiking-Club/>

SATURDAY, SEPTEMBER 2 — Hartshorne Woods/Atlantic Highlands

Leader: Louis Thompson, 732-577-9413, Cell day of hike only 732-239-1012

Meet: 10 AM at the Buttermilk Valley parking area, 307 Navesink Ave., Atlantic Highlands, NJ. This will be a 6- to 7-mile hike on the Laurel Ridge trail, and through some very pretty forest on the Grand Tour and Cuesta Ridge trails. We will also pass by an historic gun battery. Hiking boots required.

Bring lunch and lots of water. Steady rain cancels.

SUNDAY, SEPTEMBER 3 — Frelinghuysen Arboretum, Morristown

Leader: John Gilris, 973-386-1168

Meet: 10 AM at Frelinghuysen Arboretum parking lot. Walk 3 miles around arboretum to Acorn Hall and back along Whippany River for about 1 to 1.5 hours. Then cross street and continue another 2 to 4 miles, for an hour or more on Patriots' Path, whatever walkers prefer. Good for beginners. No lunch stop is planned.

MONDAY, SEPTEMBER 4 — Jockey Hollow National Park, Morristown

Leader: Carol Czajkowski, 973-539-4084

Meet: 10 AM at the visitor center parking lot. Leaders choice of easy trails. Boots strongly recommended. Bring water.

TUESDAY, SEPTEMBER 5 — Pyramid Mountain, Montville

Leader: Kathe Serbin, cell 973-715-0491

Meet: 10 AM at Pyramid Mountain Visitor Center parking lot. A 6- to 7-mile hike over various trails at a moderately brisk pace. Bring lunch and water. Hiking boots required.

WEDNESDAY, SEPTEMBER 6

No hike is scheduled as of this printing. Leaders wishing to lead a hike are encouraged to post a hike on YahooGroups three days prior to this date. Send the listing to Tristateramblers@YahooGroups.Com. TriState Rambler sign-in sheets can be obtained from our website.

THURSDAY, SEPTEMBER 7 — Island Pond/Lemon Squeezer Loop, Harriman State Park, NY

Leader: Joyce Breach, 973-875-4376, cell day of hike only 973-229-9140, jbreach@ptd.net

Meet: 10 AM at Arden Parking Area (Elk Pen) lot in Harriman State Park. This is a 8.2-mile, moderately strenuous hike, with 1900 feet of elevation gain, that should take about 5 hours. We will use the Stahahe Brook Trail, Nurian Trail, to the Valley of Boulders, and then to the RD. Lunch should be at Black Rock Mountain. We will then hike to the Lichen, ASB/Long Path, to the Lemon Squeezer, and then the AT back to the cars.

ALT. THURSDAY, SEPTEMBER 7 — Mahlon Dickerson Reservation, Jefferson

Leader: Chuck Pollack, 973-584-5913, cell day of hike only 973-714-7070

Co-Leader: Bill Montick, 973-239-1045

Meet: 10 AM at Saffin Rock Rill parking lot. We will hike 6+ miles at a moderate pace on the Yellow, Highlands and other trails past overlooks and Saffin Pond. Bring lunch and water. You MUST REGISTER with the leader the day before the hike. Steady rain cancels.

FRIDAY, SEPTEMBER 8 — Swartswood Lake, Swartswood

Leader: Henry Fernandez, 973-462-7747, cell day of paddle only 973-462-7747

Meet: 10 AM at Boat Launch, Swartswood State Park, 1091 E Shore Rd., Swartswood, NJ 07877 (GPS 41.0720, -74.8238) A pleasant day on a quiet lake, and we will eat lunch at the Boat House Restaurant. Note! Rental canoes and kayaks are available close by. (973-383-4200) DIRECTIONS: Take I80 W to Exit 25 (Rt. 206 North): Follow Rt. 206 North 11.5 mi. to the square in the center of Newton. Continue north on Rt. 206/Rt. 94 one block to light at Mill St. on the left. Take Mill St. 0.4 mi. to light at Rt. 622/Swartswood Rd. on left. Go 4.2 mi. on Rt. 622 to junction with Rt. 619/ E Shore Rd. on the left. Drive 0.9 mi, passing the Main Entrance of the park, to the Boat Launch Rd. on the right. See Canoeing General Instructions. You must call and register the day before. A personal flotation device must be worn.

SATURDAY, SEPTEMBER 9 — Frelinghuysen Arboretum, Morristown

Leader: John Gilris, 973-386-1168

Meet: 10 AM at Frelinghuysen Arboretum parking lot. Walk 3 miles around the arboretum to Acorn Hall and back along Whippany River. Then cross street and continue another 2 to 4 miles on Patriots' Path; whatever walkers prefer. Good for beginners.

SUNDAY SEPTEMBER 10 — Lake Sonoma/Overlook Rock/Manaticut Point Short Loop from Crescent Drive/Norvin Green State Forest, Ringwood

Leader: Bill LaChance, 973-216-8748 bglachance@yahoo.com

Meet: 10 AM at Norvin Green/Manaticut Point (see club directions) for a 4.7-mile hike at a moderate pace. Should take approx. 3 hours. Bring water and snack. This loop hike goes by Lake Sonoma and climbs to Overlook Rock and several other panoramic viewpoints. Trailhead GPS Coordinates 41.090898,-74.319349.

MONDAY, SEPTEMBER 11 — Black River, Cooper Mill, Chester

Leader: Betty Mills, 973-975-5264

Meet: 10 AM at Cooper Gristmill parking lot on Rt. 24/153 for a walk along the Black River.

TUESDAY, SEPTEMBER 12 — Camp Mohican/Delaware Water Gap National Recreation Area, Blairstown

Leader: Joyce Breach, 973-875-4376, jbreach@ptd.net, cell on day of hike only 973-229-9140

Meet: 10 AM at Camp Mohican parking lot in the DWGNER. This 7-mile relatively flat hike will be done at a moderate pace, hiking on the Copper Mine Trail, Kaiser Trail and the AT. Great views!

WEDNESDAY, SEPTEMBER 13 — Seeley's Pond/Watchung Res., Mountainside

Leader: Lynda Goldschein, 908-575-7058, cell day of hike only 908-347-5012

Meet: 10 AM at Seeley's Pond parking lot. Hike about 4.5 miles, 2.5 hours. One or two uphill sections, the rest fairly level. Hiking boots and walking stick recommended.

WEDNESDAY, SEPTEMBER 13 — Liberty State Park to Weehawken Bicycle Ride

Leader: Ed Leibowitz, 201-332-1709, eleibow@verizon.net, cell morning of ride after 9:30 AM only 201-850-9649

Meet: 10 AM at Liberty State Parking Area (see TSR website for directions) at the visitor center. Ride from Liberty State Park through Jersey City, Hoboken, and Weehawken, taking in the beautiful views along the Hudson River. Distance approx. 22 miles. Lunch will be at the Weehawken Ferry Terminal. MUST register with leader on or before Sept. 12. Helmets required. Bring lunch and water. Rain cancels.

THURSDAY, SEPTEMBER 14 — Ramapo Mountain State Forest, Oakland

Leader: Mike Handlesman, 718-884-2869, hikermike7@msn.com

Meet: 10 AM at the upper lot on Skyline Drive. We will hike 8 to 9 miles in this scenic and hilly area. The hike starts with the Schuber Trail, with lunch likely at the east-looking ridge view where the

yellow trail joins. A rest stop at Matapan Rock gives us a west-looking view on the return. The pace will be moderate to brisk. GPS coordinates 41.04754, -74.25161.

ALT. THURSDAY, SEPTEMBER 14 — Deer Park/Allamuchy Mountain State Park, Hackettstown

Leaders: Stan and Bev Kaltnecker, 201-602-4074

Meet: 10 AM at the parking lot on Deer Park Rd. See TSR website for directions under Allamuchy Mt. State Park, Allamuchy (Panther Valley). This will be a moderate hike of 5 to 6 miles. We will stop at Deer Pond to lunch. Bring lunch and water. You MUST REGISTER with the leaders the day before the hike.

SATURDAY, SEPTEMBER 16 — Apshawa Preserve, West Milford

Leaders: Charlie Stepnowski, 862-200-3956 and Bijoy Mechery, cell 908-487-8482, bmechery@msn.com

Meet: 9:30 AM This is a beautiful, compact, gem of a park. We will do 6 miles at brisk pace, 3 to 4 hrs. Not recommended for beginners. Leader's choice of trails. There is one long climb with other shorter ups and downs. Hiking boots are required.

SUNDAY, SEPTEMBER 17 — Cushetunk Mt. Preserve, Whitehouse Station

Leader: Jay Dibble, cell only day of hike 908-209-2936

Meet: 10 AM at Pickell Park parking lot for a 5-mile hike at a moderate pace over mostly hilly terrain for 2 to 2.5 hours. Some steep sections with significant elevation gain. Pretty views of Round Valley Reservoir. Bring water. No lunch break is planned. Directions: I-78 to exit 24. Take Rt. 523 south towards Whitehouse. At Rt. 22, turn left then right continuing on Rt. 523. Go approx. 1.5 miles. Just past Our Lady of Lourdes church, make a right onto Mountain Rd. Go 100 yards and turn left into Pickell Park. The parking lot is ahead on the right.

SUNDAY, SEPTEMBER 17 — Merrill Creek Reservoir, Washington

Leader: Pat Horsch, Cell 908-693-8331, phorsch@verizon.net

Meet: 10 AM at Boat Launch, Merrill Creek Reservoir, 1 Merrill Creek Rd., Washington, NJ 07882 (GPS 40.7388, -75.0907) An easy paddle around a nice reservoir above the Delaware River. Perhaps we may see the eagle again. DIRECTIONS: From I78 W take Exit 4: Turn right at the end of the ramp on to S. Main St. and drive north 1.8 mi. to the center of Stewartville. At the blinking light, turn right on Washington St. (becomes Stewartville Rd.) and go 2.7 mi. to Rt. 57 in New Village. Cross Rt. 57 diagonally, turning left onto Montana Rd. which goes uphill for 2 mi. Left on Richline Rd. and drive 0.3 mi, turning left again, onto Merrill Creek Rd. Follow signs to the Boat Launch. See Canoeing General Instructions. Must call and register the day before. A personal flotation device must be worn.

MONDAY, SEPTEMBER 18 — Frelinghuysen Arboretum, Morristown

Leader: Terry Kulmane, 973-644-4547, cell day of hike only 908-418-7476

Meet: 10 AM at the Frelinghuysen Arboretum parking lot. Walk around arboretum and back along Whippany River. Bring lunch to eat in the garden if you wish.

TUESDAY, SEPTEMBER 19 — Turkey Mountain Loop/Pyramid Mt., Montville

Leader: Louis Thompson, 732-577-9413, cell day of hike only 732-239-1012

Meet: 10 AM at Pyramid Mountain Visitor Center parking lot. We will hike 5 to 6 miles at a moderate pace, on the yellow, white, green, red and blue trails, passing a beaver dam, hopefully some cascades, and the Lake Valhalla overlook. Bring lunch, water, and hiking boots. Hike should end by 1:30 PM. Steady rain cancels.

WEDNESDAY, SEPTEMBER 20 — Jockey Hollow National Park, Morristown

Leader: Gail Biggs, 973-401-1262, cell 973-769-6860, bigsgail@yahoo.com

Meet: 10 AM at Visitors Center parking lot. Hike 4 to 5 miles on various trails depending on weather conditions. Bring water, snack.

THURSDAY, SEPTEMBER 21 — Bearfort Mountain/Abram S. Hewitt State Forest, Hewitt

Leader: Dianne Jones, cell 973-224-3967

Meet: 9:30 AM at the old A&P parking lot in West Milford. We will hike the Jeremy Glick Trail up and down as the lollipop stick, and the Ernst Walter, AT, and State Line as the lollipop. This 7+ mile, moderately strenuous hike, will be performed at a moderate pace. A late-ish lunch will offer a gorgeous view over Greenwood Lake. If conditions are wet, this trail can be muddy and will have stream crossings. NOTE early start time.

ALT. THURSDAY, SEPTEMBER 21 — Millbrook/Van Campens Glen, Delaware Water Gap NRA, Columbia

Leader: Gail Biggs, 973-401-1262, cell day of hike only 973-769-6860, bigsgail@yahoo.com

Meet: 10 AM at Millbrook Village parking area. A 6-mile hike following the Orchard, Hamilton Ridge and Pioneer Trails to Van Campens Glen. We will pass a historic cemetery and buildings. Lunch by the waterfall. Bring lunch and water.

SATURDAY, SEPTEMBER 23 — Cheesequake State Park, Matawan

Leader: Brooke Tippens, 973-902-5650, brooke.tippens@gmail.com

Meet: 10 AM at the parking area. Hike will be 4 miles/2 hours. Leaders choice of trails. Good for fit beginners. Will stop to take photos.

SUNDAY, SEPTEMBER 24 — Patriots' Path, Morris Twp.

Leader: Jean Fletcher, 973-285-5263, cell phone on day of hike 973-452-1567

Meet: 10 AM at Speedwell Park, (across the street from the Village), 333 Speedwell Ave. (Route 202), Morristown, NJ 07960, 973-285-6550. Arrive early due to limited parking. No restroom till 10 minutes into hike, use facilities in town. Hike will be approximately 6 miles on mostly flat, sometimes paved trails. We will have lunch at Fosterfields. Bring water and lunch and wear comfortable walking shoes/sneakers; boots not essential. We should be done before 3:00 PM Seriously inclement weather cancels. We will walk from Speedwell Village to Fosterfields Historic Farm and return via another section of the Path. (Entrance is by admission so we will look at what we can see as we walk past.)

MONDAY, SEPTEMBER 25 — Sunrise Lake/Patriots' Path, Lewis Morris Park, Morristown

Leader: Stan and Bev Kaltnecker, 201-602-4074

Meet: 10 AM at Sunrise Lake area at the lowest parking lot near the boat house. Enjoy a moderate hike on various trails including some of Patriots' Path along the Whippany River.

TUESDAY, SEPTEMBER 26 — Hartshorne Woods, Atlantic Highlands

Leader: Louis Thompson, 732-577-9413, cell day of hike only 732-239-1012

Meet: 10 AM at the Buttermilk Valley parking area, 307 Navesink Ave., Atlantic Highlands, NJ. This will be a 6- to 7-mile hike on the Laurel Ridge trail where we should have lots of Mountain Laurel in bloom, and through some very pretty forest on the Grand Tour and Cuesta Ridge trails. We will also pass by an historic gun battery, and the Navesink River. Hiking boots required. Bring lunch and lots of water. Steady rain cancels.

WEDNESDAY, SEPTEMBER 27

No hike is scheduled as of this printing. Leaders wishing to lead a hike are encouraged to post a

hike on YahooGroups three days prior to this date. Send the listing to Tristateramblers@YahooGroups.Com. TriState Rambler sign-in sheets can be obtained from our website.

THURSDAY, SEPTEMBER 28 — Undercliff Trail, Cold Spring, NY

Leader: Bill Correa, Cell 917-656-3015

Meet: 10 AM (see directions below). This moderately strenuous 8-mile hike has two climbs, beautiful views, and 2300' elevation gain. The second half of the hike is a flat 4-mile walk out. Directions: Palisades Interstate Parkway to Bear Mountain Bridge. Cross the bridge, turn left on Rt. 9 to Cold Spring. After crossing Rt. 301, and traveling .3 miles, parking lot is on the right.

ALT. THURSDAY, SEPTEMBER 28 — Milford Cliffs, Delaware Water Gap NRA, PA

Leader: Ray Wagner, 908-876-4267, cell day of hike only 862-324-3364

Meet: 10 AM at Ramondskill Falls parking lot. Directions: take Route 206 N past Stokes State Forest, crossing the Delaware River at the Milford toll bridge. Turn left onto PA Route 209 and go 2.3 miles south to the Ramondskill Falls entrance on the right. Go 0.5 mile uphill to the parking lot on the left. We will take trails passing Hackers Falls and a lovely lake to the Milford Cliffs Trail, which we will follow along cliffs 500 feet above the Delaware River. Lunch at scenic Milford Knob overlook. A total of 6.5 miles. Bring lunch and water. Allow time after the hike to visit spectacular Ramondskill Falls, PA's highest falls at 165 Feet