

Hikes marked **Meetup** are also listed on our Meetup site. For information go to <http://www.meetup.com/Tri-State-Ramblers-formerly-Union-County-Hiking-Club/>

SATURDAY, JULY 1 — Mountainside Park, Pequannock Township **Meetup**

Leaders: Charlie Stepnowski, 862-200-3956, and Bijoy Mechery, cell 908-487-8482, bmechery@msn.com

Meet: 9:30 AM at Mountainside Park parking lot. Hike about 5 miles over rolling hills with a few steep sections. Not recommended for beginners. Directions: Take 287 to Exit 52 (Riverdale/Wayne/Butler) to NJ 23 South. In 0.7 mile, turn right onto County Alt 511, then immediately turn right again on West Parkway. In 0.8 mile, turn right onto Mountain Avenue, and continue for 1.0 mile (passing under I-287) to a dead-end at the parking area for Mountainside Park. Park on one side of the street as needed as parking lot is small. **NOTE early start time.**

SUNDAY, JULY 2 — Watchung Reservation, Mountainside **Meetup**

Leader: Pat Horsch, cell 908-693-8331, phorsch@verizon.net

Meet: 10 AM at Trailside Nature Center parking lot on Coles Ave. We will do a 4- to 5-mile hike on leader's choice of trails, approx. 2 hours. Easy to moderate terrain. Boots recommended, bring water. Steady rain cancels.

MONDAY, JULY 3 — Sunrise Lake, Lewis Morris Park, Morristown

Leader: Len Shnitzer, 732-499-9176

Meet: 10 AM at lower level parking lot, Sunrise Lake. See TRS website for directions. Enjoy a moderate hike on various trails. Around 1.5 hour.

TUESDAY, JULY 4 — Independence Day

No hike is scheduled as of this printing. Leaders wishing to lead a hike are encouraged to post a hike on YahooGroups three days prior to this date. Send the listing to Tristateramblers@Yahoogroups.Com. TriState Rambler sign-in sheets can be obtained from our website.

WEDNESDAY, JULY 5 — Cheesequake State Park, Matawan

Leader: Alan Marks, 732-254-7691, cell day of hike only 908-202-8757

Meet: 10 AM at parking lot by the lake. We will hike about 2 hours on trails that Lenape Indians traveled. This is a moderate hike with many ups and downs but with great views of salt and freshwater marshes, open fields, a white cedar swamp and Pine Barrens. Bring water and wear hiking boots or similar footwear. Bring lunch to eat in the picnic area if you wish. There is an entrance fee per car entering the park in season but a NJ senior pass is available free at the Ranger Station. Steady rain cancels.

THURSDAY, JULY 6 — Blue Mountain Loop/Stokes State Forest, Branchville **Meetup**

Leader: Alan Breach, 973-875-4376, cell day of hike only 973-229-9140

Meet: 10 AM at Steammill Camping Area Parking. See directions for Sunrise Mountain, Stokes State Park. Travel 5 miles on Sunrise Mt. Road, past fork to Sunrise Mt. Parking Area. Parking is on the left after the road turns into a two way. Coordinates and directions from Rt. 23 will be posted before hike date. This moderate, 8.85-mile hike, loops through different natural and historical environments, and includes a few ridge views. Pace will be a good 2 mph with lunch at Spring Cabin.

ALT. THURSDAY, JULY 6 — Wawayanda State Park, Hewitt

Leader: Carolyn and Jim Canfield, 973-728-9774

Meet: 10 AM at the Wawayanda Boat Launch. A moderate 8+-mile hike to enjoy the famous rhododendron in bloom. A few minor ups and downs. Bring lunch and water. Bring Senior Pass for park admission.

SATURDAY, July 8 — Weekend Hikers' Picnic at Sunrise Lake

Picnic Area/Lewis Morris Park, Morristown

Leader: Jeff Sovelove, Hiker_dood@yahoo.com

You may drop off your dishes beginning at 9:00 at the Gazebo. There will be a two-hour hike starting at 9:30 sharp to work up an appetite, followed by the picnic lunch. **NOTE early start time.**

SUNDAY, JULY 9

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MONDAY, JULY 10 — Lewis Morris Park, Morristown

Leader: Jim McKay, 973-538-0756, cell 973-879-0669, jrmckay@verizon.net

Meet: 10 AM for a moderately paced, 2.5-mile, 1.5-hour circular hike mostly on the green trail. Directions: On the TSR website follow the Alternative directions to the entrance to Lewis Morris Park. Go past (west) beyond the park entrance for 0.4 mi. to the entrance road to the Cultural Center on left. Parking lot is at the top of the hill on left.

TUESDAY, JULY 11 — Wawayanda State Park, Hewitt

Leader: Paul Sanderson, cell day of hike only 908-838-5466, paulmsanderson@aol.com

Meet: 10 AM at the Wawayanda Park Office. A moderate hike of about 7 miles with mostly level terrain. We will take the Hoeflerlin Trail south to the Double Pond Trail, Red Dot Trail, Iron Mountain Trail coming back to the office via the AT.

WEDNESDAY, JULY 12 — Scherman Hoffman Wildlife Sanctuary, Bernardsville

Leader: Meg Fernandez, cell day of hike only 908-912-9527, megfernandez@msn.com

Meet: 10 AM at the Hoffman Center (Nature Store) parking lot. Restrooms available inside the store. Hike about 2 hours at a moderate social pace. The trail is rocky in places. Wear boots. Bring a snack and plenty of water.

THURSDAY, JULY 13 — Hartshorne Woods, Atlantic Highlands **Meetup**

Leader: Louis Thompson, 732-577-9413, cell day of hike only 732-239-1012

Meet: 10 AM at the Buttermilk Valley Parking Area, 307 Navesink Ave., Atlantic Highlands, NJ. This will be a 8- to 9-mile hike on the Laurel Ridge Trail, and through some very pretty forest on the Grand Tour, Rocky Point, and Cuesta Ridge Trails. We will also pass by a historic gun battery, and the Navesink River. Hiking boots required. Bring lunch and lots of water. Steady rain cancels.

ALT. THURSDAY, JULY 13 — Jonathan Woods, Denville

Leader: Diane Willer, 973-627-4046, cell 973-713-3066, dwiller34@gmail.com

Meet: 10 AM. We will hike 5 to 6 miles on various trails at a social pace. Bring lunch, water and hiking boots. Directions: I-80 to exit 37 (Hibernia/Green Pond Rd.). Head north on Green Pond Rd. for about 2 miles. Turn right on Meridan Rd. Go about 0.3 mile to Old Beach Glen Rd. and turn right. In about 0.2 mile look for parking lot on the right. **You MUST REGISTER with the leader the day before the hike.**

Paddle FRIDAY, JULY 14 — Lake Aeroflex/Kittatinny Valley SP, Andover

Leader: Diane Willer, 973-627-4046, cell 973-713-3066, dwiller34@gmail.com

Meet: 10 AM at Aeroflex Parking, Kittatinny Valley SP, Lake Aeroflex Rd., Newton, NJ 07860 (GPS 41.0095, -74.7339) This is a pretty lake that we have not visited and it has an easy Launch Ramp. Kayak rentals are available at the boat launch through Andover Hunt and Fish, 973-786-7382. Bring lunch and water. DIRECTIONS: From I80 W take Exit 25. Take Rt. 206 N to Andover (about 6.5 mi. to Exxon Station-2nd light in Andover). Turn right on Lime Crest Rd. (Rt. 669) and go 1 mi. to park entrance on the left. See Canoeing General Instructions. You must call and register with the leader the day before. **A personal flotation device must be worn.** Joint with IHC.

SATURDAY, July 15 — Silas Condict County Park, Kinnelon **Meetup**

Leaders: Charlie Stepnowski, 862-200-3956 and Bijoy Mechery, cell 908-487-8482, bmechery@msn.com

Meet: 9:30 AM up steep winding road to last parking lot as far as you can go. Hike on leader's choice of trails. Hike is 4+ miles at brisk pace, about 2+ hours. Portions of hike are rugged with lots of ups and downs. Hiking boots are required as is water. Not recommended for beginners. Steady rain cancels. NOTE early start.

SUNDAY, JULY 16 — Loop 1/Pyramid Mountain, Montville **Meetup**

Leader: Bill LaChance, 973-216-8748, bglachance@yahoo.com

Meet: 10 AM at Pyramid Mountain Visitors Center. Approx. 5 miles, 3 hours at moderate pace. This loop hike passes two unusual glacial erratics, Tripod Rock and Bear Rock, and climbs to several panoramic viewpoints. Bring water and a snack.

MONDAY, JULY 17 — Jockey Hollow National Park, Morristown

Leader: Betty Mills, 973-975-5264

Meet: 10 AM Visitor Center parking lot for a pleasant walk in our National Park. Wear boots. Bring water. Steady rain cancels.

TUESDAY, JULY 18 — Pyramid Mountain, Montville **Meetup**

Leader: Dianne Jones, cell 973-224-3967

Meet: 10 AM at Pyramid Mountain Visitor Center parking lot. A 5-mile "classic" — Tripod Rock, Whale Head Rock, and Bare Rock. Bring lunch and water. Hiking boots required.

WEDNESDAY, JULY 19 — Tulip Springs/S. Mtn. Reservation, W. Orange **Meetup**

Leader: Gail Waimon, cell 973-229-7414

Meet: 9:30 AM to beat the heat. Leader's choice 4- to 5-mile hike. Bring water. Leader starts ON TIME!

THURSDAY, JULY 20 — Ramapo Valley County Reservation, Mahwah

Leader: Mike Handelsman, 718-884-2869, mailto:hikermike7@msn.com

Meet: 10 AM at the parking lot on Rt. 202. We will hike 8 to 9 miles in this scenic and hilly area. Soon after a flat start on the yellow trail, the hike takes a steep climb up to Hawk Rock. The pace will be moderate to brisk. Park entrance GPS coordinates: 41.07755, -74.18698.

ALT. THURSDAY, JULY 20

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SATURDAY, July 22 — Ken Lockwood Gorge, High Bridge **Meetup**

Leader: Pat Horsch, cell 908-693-8331, phorsch@verizon.net

Meet: 9:30 AM at the Columbia Trail parking area, see TSR website for directions. 7-mile, 3-hour loop on the Columbia Trail, paved and dirt roads along the Ken Lockwood Gorge with scenic views along the cool and shady South Branch of the Raritan River. Easy terrain, suitable for beginners. Bring a snack and water, hoping for wild berries along the way. **NOTE early start time.**

SUNDAY, JULY 23 — Pyramid Mountain, Montville

Leader: Jay Dibble, 908-289-8813 cell day of hike only 908-209-2936

Meet: 10 AM at parking lot # 2 (ball field parking lot) located 2 miles north of the visitor's center for a 5-mile hike at a moderate pace over hilly terrain for 2 to 2.5 hours. Bring water. No lunch break is planned

MONDAY, JULY 24 — Turtle Back Rock, S. Mtn. Res., West Orange

Leader: David Hogenauer, 973-901-0824

Meet: 10 AM at the Turtle Back Rock picnic area off of Walker Avenue in West Orange. We will walk about 2 miles and visit the famous rock where, according to the Lenape Indian creation story, the world started on the back of a turtle. That story will be told in a dramatic rendition at the rock itself. Especially good for children ages 4 and older, so bring a visiting grandchild. Members without grandchildren welcomed as well, of course.

TUESDAY, JULY 25

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WEDNESDAY, JULY 26

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THURSDAY, JULY 27

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ALT. THURSDAY, JULY 27

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SATURDAY, JULY 29 — Lewis Morris Park, Morristown

Leaders: Charlie Stepnowski, 862-200-3956 and Bijoy Mechery, cell 908-487-8482, bmechery@msn.com

Meet: 9:15 AM at the Doe Meadow parking area for a 9:30 AM start. From the main entrance, go 0.5 mi and turn left into the lot, right side of the parking area. Hike is 5+ miles, 2 to 3 hours at a brisk pace. Not recommended for beginners. Leader's choice of trails. Wear proper hiking boots and bring water. **NOTE early start time.**

SUNDAY, JULY 30

No hike is scheduled as of this printing. Leaders wishing to lead a hike are encouraged to post a hike on YahooGroups three days prior to this date. Send the listing to Tristateramblers@

[YahooGroups.Com. TriState Rambler sign-in sheets can be obtained from our website.](#)

MONDAY, JULY 31 — Memorial Park, Madison

Leader: Jim McKay, 973-538-0756, cell 973-879-0669, <mailto:jimmckay@verizon.net>

Meet: 10 AM for an easy 2- to 3-mile walk on various trails. Directions: From Rt. 24 take exit 7 towards Chatham. Go about 2.3 mi. to Rosedale Ave. in Madison and turn right. Go about 0.6 mi. to main Memorial Park. Parking lot on right, opposite Longview Ave.